

REGIONAL DISTRICT OF OKANAGAN-SIMILKAMEEN

INFORMATION RELEASE

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EOC Update: COVID-19 Information

The Regional District of Okanagan-Similkameen (RDOS) is monitoring the COVID-19 pandemic and working with Interior Health and other health agencies to provide current and accurate information.

The RDOS Emergency Operations Centre (EOC) is collaborating with local and Indigenous governments throughout the nine Electoral Areas, six member municipalities as well as local and provincial agencies to share response plans and guidelines.

Anyone seeking information about the spread and risk of COVID-19 is strongly encouraged to learn the facts from the official Canadian health authorities, including those listed below.

All residents should observe the same precautions used when avoiding contact with regular cold or influenza viruses including:

- **Wash hands often with soap and water for at least 20 seconds.**
- **Avoid touching eyes, nose, and mouth with unwashed hands.**
- **Avoid close contact with people who are sick.**
- **Cover mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow.**
- **Stay home if you are sick.**
- **Clean and disinfect frequently touched surfaces daily.**

If you believe you have symptoms of COVID-19 you should immediately call 8-1-1 for an assessment. The Public Health Agency of Canada has established a toll-free telephone number to answer questions about COVID-19: **1-833-784-4397**.

For detailed information and updates, please visit the following websites:

Interior Health: <https://www.interiorhealth.ca/Pages/default.aspx>

First Nations Health Authority: <https://www.fnha.ca/>

BC Centre for Disease Control: <http://www.bccdc.ca/>

Health Canada: <https://www.canada.ca/en/health-canada.html>

**Issued by Director of RDOS Emergency Operations Centre
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